



1st Toongabbie Cub Unit

Camp @ Home 14-15th August

We have planned a Virtual Cub Camp over the weekend, to allow you to Camp at home. You can do these activities any time over this week.

Completing these activities with notes/ evidence will go towards your badges (OAS). These activities also fit in with the UN Sustainable Development Goals and Scouts in Action Month.

Send us an email or post pictures on the Parents FB page

Preparing Before Camp:

1. Check out the **WEATHER REPORTS** for the week for the Sydney area.
2. Using that information pack a bag/ write a list) of everything you would need if you were going away to camp. Consider things like rain, sunburn, cold overnight temperatures.
3. If you haven't made a First Aid Kit prepare one to have during your camp
4. Practise those Reef knot and Clove Hitches.

Camp at Home Program

Campsite Opens (9.00 AM)

Set Up your campsite in your yard, lounge room – take a picture at your campsite in your uniform and scarf and share it. Be creative as you make yourself your shelter

Things to Do

1. Make something from materials you have at home. Think about Repurpose, Recycle, Reuse, Reclaim, Restored.
2. Use your First aid kit to practise on your family - try putting a band aid on correctly and pretend to clean a graze; use a REEF KNOT to tie a sling. Discuss DRSABCD with an adult
3. Use sticks and string/rope, and a CLOVE HITCH to construct something from your imagination.
4. Do something to make other people happy; a poster for your window for people walking by, footpath chalk drawings, a note or card for a neighbour.
5. Draw a map of your campsite, one of your own area, or from your imagination.

Zoom Check-in

Join us for a Zoom meeting where we will do a Virtual Campsite Escape!

Make Your Meal

Cook your lunch/dinner – on a campfire, or a BBQ or in the kitchen.

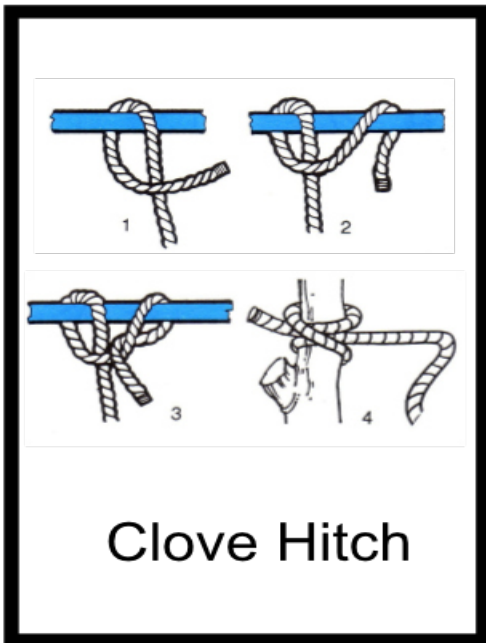
Make a meal using just a few ingredients, using the theme 'eliminating world hunger'. Think about something nutritious which is simple and easy to prepare. Often meals for lightweight hiking need the same kinds of features.

Make sure you wash up and clean away the space afterwards.

Sleep in your Shelter

In the morning after breakfast pack away all your camp things and leave your campsite as though no one was there!.

How to tie a sling with your scarf



Clove Hitch

A clove hitch is used to connect a small line to a larger rope or spar at right angles or for a two way guy during erection of poles and to fasten a rope to a spar while under strain. Also starts a square lashing.

The clove hitch can also be made by forming two loops and slipping over the spar.



Reef Knot

With one end in each hand take left over right, and turn, then right over left and turn.

Used to join two lengths of medium size dry rope of equal size. The reef knot is ideal for tying parcels, holding rolled brailings of a tent and for bandages because the knot is flat when tied.



Bee Hotel



Garden scoop



Can planter



Bird feeder



Tic Tac Toe game
With painted rocks



Roasting Marshmallows over candles

5/21/2020

No Mess Camping Omelettes in a Bag - Beyer Beware

No Mess Camping Omelettes in a Bag

Individual omelettes in a bag are great for camping or trying to feed a crowd individualized omelettes.

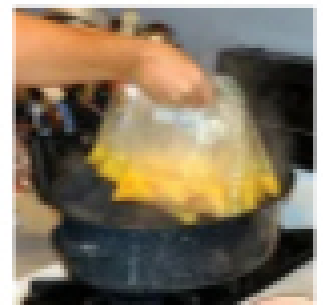
🍴 Course	Breakfast
🍴 Cuisine	American
🕒 Prep Time	5 minutes
🕒 Cook Time	15 minutes
🕒 Total Time	20 minutes
🍽 Servings	1 omelette
👤 Author	Leah @ Beyer Beware

Ingredients

- 1 freezer bag
- 2 eggs
- 1/2 cup of omelette fillings of your choice - sausage bacon, onions, mushrooms, peppers, etc
- 1/4 cup of cheese

Instructions

1. Crack eggs into the freezer quart sized bags.
2. Add fillings and cheese.
3. Seal bag and shake to scramble and mix the omelette.
4. Cook in gently boiling water for 14-15 minutes.



★★★★★
4.32 from 35 votes

Sample Map Legend

Sealed Road, 2 or more lanes	
Sealed Road, bridge, gate	
Unsealed Road, 2 or more lanes	
Unsealed Road	
Walking track	
Railway, station, siding	
Embankment, cutting	
Built up area	
River/creek, lake	
Ocean, grassland, forest	
Lighthouse, breakwater, quarry	
Building, tank, windmill	
Contour, elevation, spot elevation	
School, police station, fire station	
Post office, hotel	

Marsh	Main road	Camp site	Church with Tower
Coniferous Forest	Railway Line	Caravan site	Church with Spire
Aqueduct	Footpath	Viewpoint	
Bridge	Golf	Carpark	
Quarry	Post Office	Lighthouse in Use	